

Wholeness

What does it mean to you to be whole—to be well? Do you think mostly of your physical nature and maybe your spiritual disposition? Wayne and I have just come back from a wonderful, both exciting and relaxing vacation. That certainly enhanced my level of wholeness.

Years ago, Portico Benefit Services (our church body's manager of clergy benefits) came out with the Wholeness Wheel. You can see it below. Notice in the center is Baptism. In these waters, we become a new creation, and Christ lives in and through us. Being grounded and centered in Christ allows us to live our lives and call as disciples. The outside ring signifies our Spiritual Well-being. Our life centered on God affects each of the six components of our well-being.

Social/Interpersonal Well-being

God created us to be relational and social creatures. Interacting with others is an important part of supporting our social well-being. In community with others, we learn, grow, and discover. Nurturing our relationships with others tends to our social wellness.

Emotional Well-being

God gave us the gift of emotions, including joy, sorrow, fear, anger, contentment, stress, love, success, and more. Emotional well-being means feeling the full spectrum of emotions, being self-aware, and honoring those feelings in ourselves and in others.

Physical Well-being

Our bodies are a gift from God. Some of us have been born with or developed physical disabilities. We also suffer injuries and illness. Some aspects of our health we have no control over, and yet there are also things we can do to try and enhance our physical well-being, like eating nutritionally, getting sleep/rest, drinking enough water, and exercising.

Financial Well-being

All our resources are a gift from God. When our faith and values direct the ways we spend, save, and share, our financial well-being is nurtured.

Vocational Well-being

Martin Luther reminds us that our vocation is the way we live out our baptism in daily life. God has gifted us with our talents and abilities. When we use them at home, work, school, church, and in the community to build up the kingdom of God, we are exercising our vocational well-being.

Intellectual Well-being

God gave us the gift of our minds and intelligence. Every day, at every age, we have opportunities to exercise our minds through curiosity, asking questions, and pursuing answers. Engaging in new experiences, learning to do new things, and keeping an open mind enhance our intellectual well-being.

Our wholeness and wellness are multi-dimensional. God bless you as you tend your total well-being and are an agent for others in their wholeness journey.

In Christ,
Pastor Elizabeth Martin



Community Meal

The 97 people that came to the June Community Meal were a hungry bunch. Spaghetti, salad, and bread were served, with ice cream for dessert. Our guests consumed 14 pounds of pasta, 5 1/2 gallons of spaghetti sauce, 80 salads, 10 loaves of bread, 2 gallons of ice cream, 2 gallons of milk, and 15 pitchers of lemonade, fruit punch, and water.

Thank you to this hard-working and fun group of volunteers who made this meal possible: Jean, Linda, Judy, Marge, Kathy, Dawn, Larry, Nancy, Judy, Terry, Sharon, and Gary. Also special thanks to Cheryl Sturges and the local Grange Chapter for donating the pasta sauce.

The next Community Meal will be on Wednesday, July 10. A volunteer sign-up sheet is on the bulletin board.

John Enright



Worship in the Park



No bone chilling temperatures, no violent wind, no driving rain, no cicadas! Praise be to God for a lovely Sunday morning in Spencer Park on June 23. Besides the Good Lord, thanks go out to everyone who made church in the park an enjoyable experience this year. There was plenty of worshipping, singing, good food, and fellowship. Thank you, everyone, for your participation, especially the Worship and Music Committee, Altar Guild and Council. Let's look forward to next summer and church in Spencer Park.

God's Blessings,

Donna Brookbank

Growing in Faith with
the Grace of God
For 130 years

You are invited

Zion Lutheran's 130th Birthday Dinner Kickoff Celebration

Sunday, August 25, 2024

9:00 AM Church Service

Message by Pastor Josh Ebener

Bishop Assistant & Director of Evangelical Mission

Northern Illinois Synod, ELCA

10:30 Program

Share reflections from the past - outline the year's celebration

11:30 Fellowship Meal served

Cost yet to be determined

Please sign up on the board for the meal

Women of Zion

First Step Daycare – collection of school supplies. We will be assisting with helping students with the needed supplies for school again this year. Thanks in advance for all you do to continue our support of First Step Daycare.

Collection Dates – Sunday, June 30 thru Thursday, Aug 1

List of supplies that will help children in grades Kindergarten through 2nd grade.

- Backpack – no wheels, please
- Crayons – 24 count
- Colored pencils – 12 count
- Washable Marker – classic, 10 count, broad tip
- Low odor dry erase markers – chisel tip, assorted colors
- Highlighters
- 12 inch ruler – with inches and centimeters
- Plain 2 pocket folders – assorted colors (red, blue, green, purple, yellow)
- School supply box
- Plain spiral notebooks – wide ruled, assorted colors
- Kids scissors – rounded
- Washable school glue – 8 oz.
- Watercolor paints
- Play-doh – 3 pack, assorted colors



Baby Bank Restocking – Monday, July 1st - 9:30 to 12:30. We will be sorting clothes, toys, books and could use your help for even an hour. The old saying – “many hands make light work”. See you then!

New Video Bible Study Open to Everyone

A new Bible study opened to everyone, using the video resources of Ray Vander Laan.

- Vander Laan takes small groups of people to specific places in the Holy Lands that relate to verses of scripture.
- He explains the verses while the group is at the possible, or similar place, giving a better visual understanding of what took place.
- Each video is a complete lesson, about 20 minutes long.
- Discussion ideas come with each lesson.
- Our initial thought is to meet twice a month, the first Wednesday and the third Monday of each month from 7 to 8PM.
- **The first meeting, October 2nd at 7PM**, will be at church in Linda’s Lounge and will include watching a video followed by a “What’s your opinion discussion”, of the video? Should we meet on the days suggested? Maybe a potluck lunch group? Or small groups in members’ homes? Other thoughts?

The videos are very informative. **Plan to attend!**

For more information contact Terry Miller: (815) 544-3188 or jmt66.1@att.net



Pastor Karl Otto Celebrates 50th Anniversary of His Ordination

On Sunday, June 9th, Pastor Karl Otto celebrated the 50th Anniversary of his Ordination with his Sugar Creek Lutheran Church family, his family, and several members from the various churches that he served over the years. For those of you interested in a little Pastor Otto history, here is what was shared that Sunday.

Karl Arthur Otto was born September 8, 1948, in Wausau, WI where he was baptized and confirmed at First English Lutheran Church. After graduating from Wausau (East) High School in 1966, he went on to Wartburg College, Waverly, Iowa where he received a B.A. Degree in History in 1970. From there he went to Wartburg Seminary in Dubuque, Iowa fulfilling his course of study, including a year's internship at Prince of Peace Lutheran Faith in Seattle, WA. He married Peggy Elliott on May 22, 1971. After graduating in May of 1974 with a Master of Divinity degree, he received a call to serve as assistant pastor at St. Stephen Lutheran Church in Midlothian, IL. He was ordained on June 9, 1974, at his home church.

Karl served as assistant pastor at St. Stephen with Pastor Phil Ramsey for about 2 years and then as co-pastor with Pastor Barry Osterbur until the fall of 1979 when he received a call to Faith Lutheran Church in Washington, IL where he remained until 1994. Bethania Lutheran Church in Racine was his next call where he served until 1999. While serving there he completed his Doctor of Ministry degree at Lutheran School of Theology at Chicago. From there he was called to Zion Lutheran Church in Belvidere, IL as senior pastor and served there until his retirement in November 2013.

Since "retirement", Karl has served as an interim pastor at Faith Lutheran in Walworth, a bridge pastor at Faith Lutheran in Janesville, and a frequent supply pastor at Luther Memorial in Delavan. He has and continues to provide pulpit supply for numerous churches in SE Wisconsin and northern Illinois and often refers to himself as a "visitor" when he is able to attend Sugar Creek Lutheran Church where he and Peggy are members.

The Ottos have 2 children, Matthew (Marissa Strassel) and Lynn (Craig) Maddux, and three grandchildren – Kalla, Enzo, and Giuliana.

Pictured are Karl, Peggy, Lynn, and Matthew.

Collaboration Makes a Difference!

Contributions across the country supporting the ELCA World Hunger efforts totaled \$20,201,732. Of that, our IL Synod collected \$276,132, and Zion contributed \$2,427. Thanks be to God and to the people of Zion for supporting the many feeding efforts of ELCA World Hunger.

Please throw all food related items into the trash can located in the kitchen, and not in the garbage. Mandy suffers from migraines and these odors can trigger one. While flowers smell beautiful they can also cause a migraine. If you need to pick up your Sunday altar flowers during the week they will be in the Sacristy. Mandy can help you find them. Thank you!

*Thank
You*

Roscoe Historic Attraction



On a rainy summer day of June 1st, 26 people gathered from Zion to enjoy the Roscoe's Historic Attractions Museum and luncheon. This museum was full of so much history and memorabilia from certain eras of our time. Every turn and section as you walk through was unbelievable and so very interesting!! We all appreciated Wayne's collection and dedication to this outstanding building of history!! If you were not able to join us, you must find a time to check this place out – you will certainly not regret it! And the best part → it is basically in our very own backyard (so to speak)!! Thank You to the WOZ (Women of Zion) for the inspiration to go and for their support through it all.

A **BIG** Thank You goes out to Wanda Watts and Nancy Brendum for a wonderful Italian lunch brought in to allow time for us to tour at our leisure knowing we would be fed without having to leave the museum! What a FUN day spent with friends!



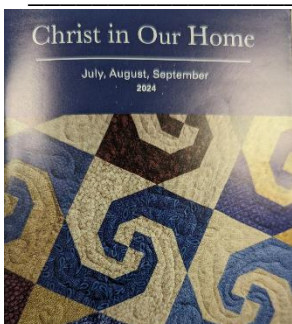
Zion Lutheran Scholarships

Zion has a scholarship program to encourage the future of our members. This award will be announced at both the July 18th and the July 21st services. Join in the celebration as we applaud past successes and pray for her continued endeavors.

Johanna Jacqueline Miralrio

University of Illinois

Civil or Environmental Engineering



Christ in Our Home devotional books for July-September are available for pickup.



Sunday School News

Let Your Life's Light be a Window to Christ



Vacation Bible School

Our theme for VBS this year was *God's New Creation*. With students and helpers, we had 18 youth participating. Our daily themes included God Gathers Us In, Helping Hands, Everyone is Important, Small Miracles and Many Gifts, One God. We learned about different ways that the ELCA is working with local groups to help people have enough to eat and succeed plus what farm animals can help achieve that goal. During our opening skit the kids met chicks, cows, goats, pigs and vegetables. Crafts, games, snacks, music and storytelling were enjoyed by all. Our noisy offering supports The Baby Bank and CASA.

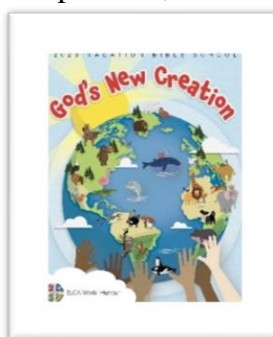


A great job was done by all the youth helpers, Lilly group leader for the older kids, Khloe and Lily for helping with the younger kids, Leo for helping with the skits and taking pictures, Mady and Katelyn for crafts. Yeah!!

A big THANK YOU goes out to everyone who helped, Pastor Elizabeth for helping with the opening, Linda for registration, Deana for helping with the opening skit and snacks, Melody for games, Melita for crafts, Vicar Leslie for helping with the older kids and the skit, and everyone who brought snacks. Thank you all so much, VBS would not work out and run as smoothly if it wasn't for everything you all do.



Sunday School will start up again in September, watch for updates starting in August!



Food Truck



Thank You to the 27 volunteers who helped on Saturday, May 18th with our 2nd Northern Illinois Food Bank truck of 2024. This food truck was sponsored by a grant that Zion received from the Boone County Community Foundation.

The volunteers who helped to unload from the truck, package into bags and load this 8,000 pounds of food into vehicles included: Dan Albrecht, Jean Anderson, Kris Beever, Gene & Mary Berg, Rodney Brandmire, Dawn Calkins, Jen Downey, John Enright, Jeff Ernest, Charles Foster, Arlyn Groen, Marie Hagen, Kathy Hansen, Russ Kindberg, Pastor Elizabeth, Wayne Martin, Keith Marnen, Anne McCoy, Amy Ortiz, Nadiya and Holden Reininger, Brenda Shiloh & Leo, Gary & Sharon Yunto and Tammy Zastrow. These 27 individuals packed 13 items for giveaway that helped 181 families (578 individuals) with their food insecurity from the Boone County and surrounding area.

Our next food truck is scheduled for Saturday, June 29th. If you have not helped with this important Zion ministry to the community and are interested, please let Mandy know.



thank you!

Thank you so much for surprising me for my 60th birthday with a card shower and delicious cake. The song was creative and fun! I continue to enjoy the love and kindness that you all share so freely.

Blessings,

Pastor Elizabeth

Prayer Requests

Emily Enirght, Matthew Faust, Tammy Zastrow, Charles Lane, Gordon Rubeck, Cindy Smaha, Ron Nelson, Vicky Harley, Pat Huff, Bill Batterton, Wally Brown, Bob Kantner, Diane Vorndran, Guy and Pat Landmeier, Pat Melton, Kathy Bender, John Olson, Frances Palmer, Felix Ring, Juan Castro Jr, Harold Heeren, Olivia Rubeck, Michelle Marks, Todd and Lois Graves, Marilyn Urban, Stephanie Skelnik, Terry and Joanne Miller, Debbie DeWitt, Paula Crone, Helen Huftalin, Kendal Schmidt, Linda Johnson, Marcia Ellingburg, Dwaine Smith, Jim Johnson, Keira Kozlowski, The People of Ukraine, ALC Resurrection Church of India, Trinity Lutheran Church in Harvard

In Service to our Nation:

John Kozlowski, Justin Kozlowski, Rob Zediker



Happy Birthday from your Zion Family!



| | | | |
|---------------------|-------------------|--------------------|---------------------|
| 1-Natalie Armstrong | 9-Eva Foley | 15-Isabella Bahena | 26-Dick Beever |
| 1-Tom Zastrow | 11-Kim Halper | 16-Ian Cordray | 27-Helen Huftalin |
| 5-Rhett Pinkston | 12-Mary Lightfoot | 20-Arlyn Groen | 28-Deno Ventura |
| 5-Gary Erickson | 12-Courtney Long | 21-Sharon Yunto | 28-Mary Albrecht |
| 6-Pat Erickson | 13-Heather Wick | 24-Kyra Messbarger | 30-Jane Schuessler |
| 6-Pam Romanek | 14-Keith Marnen | 25-Kristen Larson | 31-Michaela Downey |
| 7-Curt Gustafson | 14-Diane Vorndran | 26-Jeanie Huffman | 31-Rodney Brandmire |

From the Treasurer:

General Fund

| | | | |
|---------|-------------------|---------------------|---------|
| 05/2024 | Beginning Balance | \$ 16,177.66 | 05/2024 |
| | Total Income | \$ 13,034.80 | |
| | Total Expense | <u>\$ 18,666.12</u> | |
| | Balance | \$ 10,546.34 | |

Building Fund

| | |
|-------------------|--------------------|
| Beginning Balance | \$14,091.30 |
| Total Income | \$ 3,785.00 |
| Total Expense | <u>\$ 3,968.53</u> |
| Balance | \$ 13,907.77 |

General Fund Reserve Savings (new Account)

| | | |
|----------|-------------------|--------------|
| May/2024 | Beginning Balance | \$100,648.65 |
| | Income (interest) | 63.86 |
| | Expenses | <u>0.00</u> |
| | Balance | \$100,712.51 |

Staff

Rev. Elizabeth Martin
Intentional Interim Pastor

Mandy Minson
Administrative Assistant

Ken Anderson
Council President

Dan Albrecht
Choir Director

Pat Castro
Sunday School Director

Diane Vorndran
Financial Secretary

Sharon Yunto
Treasurer

Worship Schedule

Sundays at 9:00am
Thursdays at 7:00pm

Find Worship Videos at
www.zionbelvidere.com

OR

On Facebook at
[ZionBelvidere+](https://www.facebook.com/ZionBelvidere/)

Council Members

Term Through January 2025

Ken Anderson
Jody Archer
Rodney Brandmire
Dawn Calkins
Doug Shiloh
Gary Yunto

Term Through January 2026

Gretel Baird
Melody Johnson
David Schumann

Term Through January 2027

Kris Enright
Michelle Ernest
Kelly Kotajarvi

Texts for the Month of July

July 7

Ezekiel 2:1-5
2 Corinthians 12:2-10
Mark 6:1-13

July 14

Amos 7:7-15
Ephesians 1:3-14
Mark 6:14-29

July 21

Jeremiah 23:1-6
Ephesians 2:11-22
Mark 6:30-34, 53-56

July 28

2 Kings 4:42-44
Ephesians 3:14-21
John 6:1-21

| July 2024 | | | | | | |
|--|---|--------------------------|---|---|--|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | 1 Baby Bank Restock 9:30am-12:30pm Worship & Music 5pm Shiloh 6pm | 2 | 3 Bible Study 9:30am | 4 Office Closed NO Worship | 5 Office Closed | 6 |
| 7 Sunday Worship 9am | 8 Witness 6pm | 9 Council Reports Due | 10 Sewing/Quilting 9am Bible Study 9:30am Baby Bank 4pm-6pm Community Meal 5pm-6pm | 11 7:00 pm – Worship Holden Sundae | 12 Office Closed WOZ Meeting 9:30am-11:30am | 13 |
| 14 Sunday Worship 9am | 15 HR Meeting 5:30pm | 16 | 17 Bible Study 9:30am Council Meeting 7:00pm | 18 7:00 pm – Worship Scholarship Presentation | 19 Office Closed | 20 |
| 21 Sunday Worship 9am Scholarship Presentation | 22 Tidings Articles Due | 23 | 24 Sewing/Quilting 9am Bible Study 9:30am | 25 7:00 pm – Worship Barnabas 6pm | 26 Office Closed | 27 |
| 28 Sunday Worship 9am | 29 | 30 | 31 Bible Study 9:30am | | OFFICE HOURS Monday-Thursday 9am-1pm Closed Fridays |  |